

Healthy workers. Healthy workplace

August 01, 2018

#### Dear Employer:

The influenza season is fast approaching and along with it comes planning for preventive steps toward a healthy working population. Influenza immunization creates many benefits for the employee and the employer including:

- > Prevents illness and absence from work
- ➤ Reduces need for temporary employees due to employee illness
- ➤ Reduces the risk of transmitting influenza to co-workers, family and friends
- Promotes wellness in the workplace
- > Increases financial savings due to decreased sick time
- Reduces health insurance costs
- > Improves morale, quality of life and leisure time
- ➤ Reduces stress by not hindering productivity through sick leave
- Boosts corporate image

Workplace influenza immunization is also:

- > Cost effective minimal down time needed for employees on day of onsite clinic
- Time efficient onsite clinic structured around your work day
- > Convenient no payment at time of clinic

Alberta Health Services *Immunization Business Unit* (IBU) offers onsite influenza immunization to businesses for their employees 18 years of age & older on a fee for service cost recovery basis. Alberta Health Services staff are experts in the field of immunization providing in excess of 400,000 immunizations on an annual basis with a quality assurance program under the direction of the Medical Officer of Health (MOH). Our qualified nursing staff provide onsite immunization in accordance with standards set by Alberta Health and Wellness.

The Immunizations@work Influenza Program will take place October 15 to mid- December, 2018.

#### If you are interested in arranging an onsite influenza clinic for your employees:

- 1) **Determine** the number of employees **18 years of age & older** who wish to be immunized.
- 2) Fax the completed & signed agreement and cost sheet to (780) 735-0101.
- 3) Wait to receive a phone call from IBU staff to book a date & time for your onsite clinic.

Please do not hesitate to contact the **Immunization Business Unit at 780-735-0112** with any inquiries you may have regarding the attached information. We look forward to contributing to the health of your organization.

Sincerely,

Lori O'Neill

Lori O'Neill, RN BScN Client Advisor Immunization Business Unit

Immunization Business Unit / Travellers' Health Services Seventh Street Plaza, North Tower, Suite 440 10030-107 Street Edmonton, Alberta, Canada T5J3E4 Ph:(780)735-0100 fax:(780)735-0101 Email:IBUInfluenzaProgram@albertahealthservices.ca



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#### What is Influenza?

Influenza, more commonly known as the "flu", is a respiratory illness caused by a virus.

- It is spread through the air. The virus gets into the air when someone with influenza coughs, sneezes, or even talks. Individuals breathe in the virus and can become sick. It can also be spread by handling objects that have been coughed or sneezed upon.
- Anyone can get influenza; it is one of the world's most contagious viral diseases.
- Influenza symptoms include fever, chills, cough, sore throat, headache, muscle aches, loss of appetite, and tiredness. Most people get better within a week, but influenza can keep you in bed for 5 to 10 days.
- Children or adults with a chronic illness and adults over 65 may develop severe complications such as pneumonia, kidney and heart failure that can be life threatening.

#### The Societal Cost of Influenza:

- Each year in Canada:
  - one in six will get influenza
  - 1.5 million working days will be lost
  - 70,000 75,000 people will be hospitalized
  - 3,700 influenza related deaths (6<sup>th</sup> leading cause of death)
  - \$500 million in direct medical costs will be incurred

#### **Influenza Vaccine:**

- An annual vaccination is the best way to reduce the impact of influenza on you, your workplace and your family.
- The vaccine prevents 70-90% of influenza cases.
- The best time to receive an influenza vaccine is in the fall, before influenza season starts. However, it is never too late to be vaccinated as influenza season in the northern temperate zones is typically anytime between October and April.
- Protection begins about 2 weeks after administration of the vaccine and lasts approximately 6 months.
- The influenza vaccine does not affect a person's immune system so that they require immunization every year. The immunization is needed yearly because the viruses change. A new vaccine is made each year to provide protection against the virus most likely to cause illness in that year.
- The vaccine cannot cause influenza as it is a killed virus. Most people have little or no reaction.
- Even healthy adults should be immunized because they can spread influenza to family and members of the population who are at risk for more severe complications of influenza.

#### Planning a Successful Influenza Immunization Clinic

- The workplace influenza immunization is a **voluntary program for employees 18 years of age and older.** Staff younger than 18 years of age are able to access the vaccine at any of the advertised Public Health sites.
- Determine the number of employees who wish to be immunized. An estimate within 5 of the total number of people to be immunized is required at the time of booking. Use of a **sign-up sheet with a deadline** posted in areas frequented by employees facilitates a more accurate estimate of numbers to be immunized.
- Schedule employees in groups of **5 people every 15 minutes**.
- Arrange to have a contact person available the day of the onsite clinic.

We look forward to providing onsite influenza immunization to your organization for the upcoming influenza season.



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# Influenza Immunization Agreement Between Immunization Business Unit (IBU) And

Name of Organization	on:		
Billing Address:		City:	Postal Code:
Phone: (780)	Fax: (780)	E	E-Mail Address:
Name of Contact:_			Phone: (780)
Address of Onsite	Clinic (if different than abo	ve):	
			re than one site please specify number of
	rganization does hereby re the following terms and co		nunization Business Unit to provide Influenza
Only individuals     Influenza immur		l are approve	d by the Authorizer will receive the
	employees is required to to the organization.	provide an on	site clinic and will be the minimum
	will be charged to the organs days of the date book		onsite clinics <b>cancelled or rescheduled</b> site clinic.
	nting department shall invoi		rizer for the above named organization
5. The Authorizer for	or the organization shall rei	mburse AHS	within 30 days of receipt of the invoice.
Lori O'Neill			
Lori O'Neill RN BScl	<u> </u>	Name &	Position of Authorizer
	unization Business Unit	rtaine a	T GOMOTI OF AGMINIZED
,			
August 01, 2018		_	
		Date	
FOR OFFICE USE ONLY			
Agreement			
Received			
Account Number			



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# 2018 Cost of Onsite Influenza Immunization

Please check appropriate box for type of onsite clinic requested.

<u>Onsite clin</u>	<u>ic schedul</u>	ed by number of staff to be immunized.		
Employees mu	st be booked	in groups of 5 people every 15 minutes.		
•	•	e \$ <u>17.00 per employee</u> yees would be invoiced for a minimum of 20.		
*A fee of \$10.00 per employee will be invoiced to the organization for each missed/unfilled appointment exceeding 10. Final numbers must be reported a minimum of 5 business days prior to the onsite clinic date.				
		OR		
Onsite clinic scheduled by the hour (minimum of 3 hours & 20 employees),				
for the day	or on the	weekend.		
Employers are	encouraged	to have employees come in groups of 5 people every 15 minutes.		
	ourly Rate: 7am – 4pm 4pm – 9pm	\$60.00 per hour per nurse plus \$17.00 per employee \$75.00 per hour per nurse plus \$17.00 per employee		
2 Wee	ekend Rate	\$75.00 per hour per nurse plus \$17.00 per employee		

Please fax Agreement and Cost sheet to: 780-735-0101.

Or e-mail: IBUinfluenzaprogram@ahs.ca